

Smile & Shine Nursery.

Mill Hill Park Pavilion and Bowling Green.

Mill Hill Park. Daws Lane

London. NW7 4SE

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 Uniqueness of Each Child.

> 2. Positive Relationships.

3. Enabling
Environment.

4. Learning through Play.

5. Outdoor Play.

6. Motivated and Trained Staff.

About Us:

Safe, Caring & Happy:

Mani Spratt is an outstanding childcare practitioner and has been working in childcare for over 15 years. She initially trained and worked as a Montessori practitioner before transitioning to working in a day care centre. She is a qualified Forest School leader and uses these skills within the Smile & Shine curriculum.

Mani has gained valuable experience and knowledge from all three styles of pedagogy, and is now establishing her own childcare centre that combines the best practices from Montessori, Forest School and the Early Years Foundation Stage.

Mani is determined to ensure that each child receives individual care and attention, creating a nurturing "home away from home" environment. She is passionate about offering personalised and one-on-one childcare to give your child the best start in life.



Mani's previous childminding setting was
recognized by Ofsted as
"Outstanding" during its
inspection!

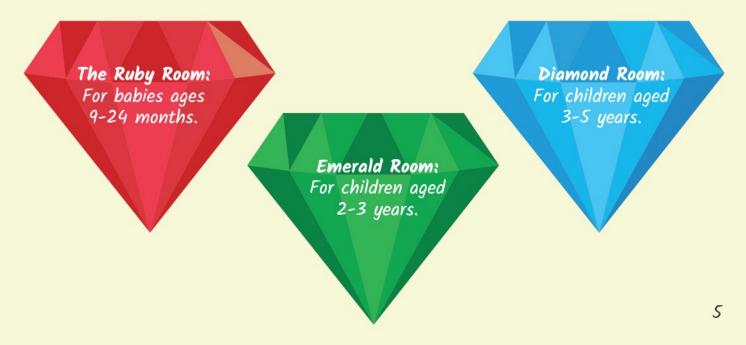
Safe, Caring & Happy:



Smile & Shine nursery has a wide variety of facilities and spaces to help your child develop. They are able to learn in a safe and nurturing environment.



The nursery has free flow rooms, specifically designed for the different age ranges, at the same time, encouraging all the children to socialise together in the garden and in the main nursery:



Our Staff:

The staff at Smile & Shine are fully qualified to give your child the safe, caring and happy experience we believe they deserve. The staff is hand picked based on their nature, temperament, references and extensive background checks. Every staff member is registered with Ofsted and has relevant child care qualifications. They are also given additional training in First Aid, Child Protection, Race Relations and Additional Needs, so your child gets the best care.

During their time at Smile & Shine, your child will be assigned a key worker. The key worker, alongside Mani, will plan daily activities based on each individual child's development requirements and taking into account their likes and dislikes. They will be readily available to provide feedback, discuss progress and work closely with parents/carers.

The nursery curriculum includes additional activities which are taught by specialist teachers. Examples of these are Makaton Signing, Gymnastics and the Smart Programme. Mani believes that young children are extremely adaptive and receptive to new experiences.

Smile & Shine's curriculum places focus on outdoor learning. Mani is not only trained in both Montessori and Forest School practices, but was also a Cub Scout leader from mid 2023 to mid 2024. The Smile & Shine Nursery curriculum is designed to cater for such.

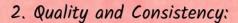


Key Principles:



1. Every Child Deserves the Best Start:

Providing high-quality early learning, coupled with good parenting, allows for children to maximise their abilities and talents as they grow.



Key workers & Mani understand each child's needs are unique and tailor their daily planning to each child.

3. Working in Partnership with Parents and Carers:

By fostering open communication, the nursery staff hope to establish a collaborative partnership that benefits the child during their early years.

4. Individualised Approach:

Key workers & Mani recognise that each child is unique and learns at their own pace. Staff remain readily accessible to work with you.

5. Child Welfare and Safety:

The nursery has a robust safeguarding policy in place, ensuring a safe environment for the children.



6. Emphasis on Personal, Social, and Emotional Development (PSED):

The daily curriculum places a strong emphasis on PSED. By nurturing this, our staff aims to foster children's confidence and independence from an early age.

An emphasis on hands on learning:



Mani's childcare setting combines the principles of EYFS, Montessori and Forest School. This means your child will experience a great mix of indoor and outdoor learning. A combination of these three pedagogy methodologies gives translates to a more well rounded experience in Nursery.

Parents' Feedback:







"Truly a remarkable experience for us and our son! We are incredibly grateful for our son's development and progress over the years - reading, counting, identifying alphabets, nursery songs, making friends, table manners and a lot more. This nursery deserves more than 5 stars and we genuinely recommend it for all busy parents."





The Montessori Principles:

I. Practical Life: Children engage in activities using real life objects in a child-sized environment. This promotes concentration, independence and coordination.

2. Sensorial:

Children utilise their five senses through sensorial materials to help develop fine motor control.

3. Language:

The nursery has different material aids which help to refine pencil control and make sound associations.

4. Mathematics:

Quantity is introduced through the use of learning resources such as golden beads. They also learn about odd and even numbers.

5. Cultural:

This area encompasses geography, history, nature, and science. This helps to expose them to different views of the world.

The Montessori approach advocates for mixed-age classrooms. This allows children to learn from one another, fostering skills such as inclusion and acceptance.

Forest School Principles:



I. Regular Sessions in a Natural Environment: Your child can benefit from regular sessions in a natural environment.

2. Developing a Relationship: The Nursery aims to foster a relationship between learners and the natural world. Natural resources inspire creative ideas.

3. Holistic Development: We promote the holistic development of learners, fostering resilience, confidence, independence, and creativity.

4. Supported Risks
We provide opportunities for
learners to take supported risks
appropriate to the environment
and themselves.

5. Qualified Practitioner:Mani is a qualified Forest School leader who continuously develops this practice.

6. Learner-Centered Processes
Forest School utilises learnercentered processes such as careful
planning, relationship building and
observation.

EYFS (Early Years Foundation Stage)

Smile & Shine proudly incorporates
OFSTED requirements for EYFS. These
ensure your child has a balanced and
broad range of educational experiences
whilst at the Nursery.

These are the following principles and some examples that the staff use to follow EYFS requirements:

Physical Development

-Hand Washing
-Obstacle Course
-Self Care Routines
-Co-operative Activities
-Indoor & Outdoor Activites

Communication and Language

-Games -Role Playing -Story Telling -Group Activities -Songs & Rhymes

Personal, Social & Emotional Development

-Encouraging Sharing
 -Emotional Expression
 -Personal Growth Activities
 -Supportive & Enclusive
 Environment



Literacy & Language

-Mark Making -Tracing Letters -Reading Sessions -Writing Materials -Books & Magazines

Problem Solving

-Games & Puzzles -Mathematic Thinking -Using Every-day Objects -Counting, Sorting & Matching

Understaning the World

-Nature Walks -Cultural Awareness -Utilising Technology -Environmental Understanding

Arts & Design

-Story Telling -Music & Dance -Props & Roleplay -Creative Expression -Arts & Crafts Materials

Smile & Shine Nursery keeps your child's best interest in mind. Each child recieves the best possible care and nurture so when the time arises, they transition smoothly into primary school and the next stage in their lives.

Routines:

Daily Routine for Babies Aged 9-24 Months Old:

08.00 am- 09:00 am	Arrival and Registration, breakfast time.
09.15 am- 09:45 am	Babies who need to sleep, put them to bed.
09.15 am- 09:50 am	Circle time (sing songs), morning planned activity (Can be a sensory activity, forest school activity, tactile activity), tidy up time after the activity.
09:50 am	Nappy changing if needed, toilet and washing hands
10:00 am	Morning snack
10.15 am- 11:00 am	Free play in the garden, playing with sand, water or doing gardening.
11.05 am- 11:40 am	Washing hands, planned activity/ free play indoor. Tidy up afterwards.
11:45 am	Hand washing and nappy changing time
12.00 pm - 12.30 pm	Lunch time
12.45 pm	Home time/Sleep time or quiet time such as looking at or reading a story book.
13.00 pm	Tidy up and getting ready to sleep / to go home.
13.00 pm - 14.00 pm	Free flow play.
14.15 pm - 14.45 pm	Waking up the children, check the nappy and snack/ bottle time.
15.00 pm - 15.40 pm	Garden time then come inside do planned activity/ free play (Babies go first).
15.40 pm - 16.00 pm	Nappy Change.
16.00 pm - 16.50 pm	Children wash their hands and ready for Tea.
16.50 pm - 17.30 pm	Free play or planned activity (either Indoor/ Outdoor).
17.30 pm - 18.00 pm	Check the children's nappy, get the children ready to go home.

Nappy times are: 09:50am, 11:45am, 14:15pm, 17:30pm, or earlier.

Nappies are changed as and when needed.



Daily Routine 2-3 Years Old:

08.00 am- 09:00 am	Arrival and Registration, breakfast time.
09.15 am- 09:50 am	Planned activity with the older ones or free play indoor or outdoor in the garden and tidy up afterwards
09:50 am	Nappy changing if needed, toilet and washing hands.
10:00 am	Morning snack
10.15 am- 11:00 am	Circle time (sing 3 songs), morning planned activity. Tidy up time after the activity.
11.05 am- 11:40 am	Free play time in the garden, playing with sand, water or doing gardening.
11:45 am	Coming back, Hand washing and Nappy changing time (if needed).
12.00 pm - 12.30 pm	Lunch time.
12.45 pm	Tidy up and getting ready to sleep / getting ready to go home.
13.00 pm	Home time/Sleep time or quiet time such as looking at or reading a story book. Arrival and Registration, wash hands.
13.00 pm - 14.00 pm	Free Flow (Indoor/ Outdoors).
14.15 pm - 14.45 pm	Waking up the children, check the nappy and snack time.
15.00 pm - 16.00 pm	Planned activity/ free play (Indoor/ outdoor)
16.00 pm - 16.50 pm	Children wash their hands and ready for Tea.
16.50 pm - 17.30 pm	Free play or planned activity (either Indoor/ Outdoor).
17.30 pm - 18.00 pm	Check the children's nappy, get the children ready to go home.

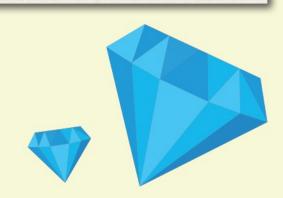




Daily Routine 3-5 Years Old:

08.00 am- 09:00 am	Arrival and Registration, breakfast time.
09.15 am- 09:50 am	Planned activity or free play indoor or outdoor in the garden.
09:50 am	Toilet and washing hands.
10:00 am	Morning snack.
10.15 am- 11:00 am	Circle time (song and I spy box), Star of the Day, morning planned activity. Tidy up time after the activity.
11.05 am- 11:40 am	Setting up table with the help of children, free play time in the garden, playing with sand, water or doing gardening.
11:45 am	Coming back, using a toilet and hand washing.
12.00 pm - 12.30 pm	Lunch time.
12.45 pm	Tidy up and getting ready to go home.
13.00 pm	Home time/Sleep time or quiet time such as reading a story book. Arrival and Registration, wash hands.
13.00 pm - 14.00 pm	Free Flow Play (Either Indoor/ Outdoors).
14.15 pm - 14.45 pm	wash hands, play the memory game, then sit for snack and play some fun games.
15.00 pm - 16.00 pm	Planned activity/ free play (either Indoor/ outdoor).
16.00 pm - 16.50 pm	Children wash their hands and ready for Tea.
16.50 pm - 17.30 pm	Free play or planned activity (flexible)Indoor/ Outdoor).
17.30 pm - 18.00 pm	Get the children ready to go home.





Additional Timetable Information:



Over the Year:

The Nursery is open 49 weeks of the year, between 8:00am- 6:00pm on Weekdays-excluding Bank Holidays. The Nursery closes for I week at Christmas and two weeks during the Summer to allow time for essential maintenance. The yearly holiday schedule is updated at the start of every year and shared with parents.

Parents' Evening:

Parents' evenings are held every 6 months to allow us to discuss your child's progress.

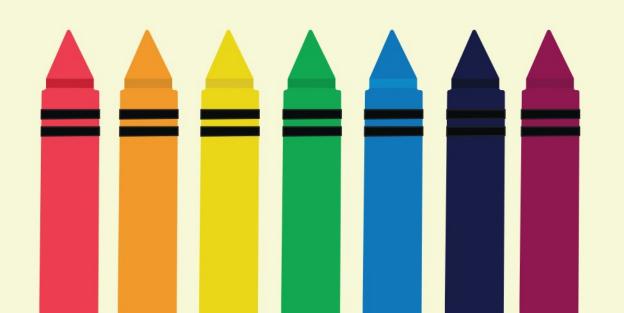
Our staff are always available to talk to on an ad-hoc basis.

Regular updates from your home:

On top of this, Smile & Shine users can access the Tapestry nursery software to create an individual profile for your child. This is then used to track your child's acitivities at the nursery and is shared with parents, via the Tapestry app - keeping you in the loop.

Informal Events:

We will also organise ad-hoc events during the year in the nursery which parents, staff and children can attend and enjoy.



Meal Plan:

Smile & Shine promotes a healthy lifestyle for your child which is reflected in our weekly meal plan. We take into account any dietry requirements your child may have based on allergies, religious beliefs or preferences. Nutrition is extremely important to Mani and she has undergone additional training in food preparation to serve your child fulfilling meals at the nursery. Her dedication to healthy nutrition for children was recognised by the Healthy Early Years London Program and for this she was awarded the bronze certification by the Mayor of London, Mr. Sadiq Khan.

Here's an example of what the weekly meal plan looks like at Smile & Shine:

Monday:

Breakfast: Cereal selection with Milk & Sliced Banana.

Lunch: Whole grain tomato
Pasta with hidden ingredient
(carrot, red lentils) and
grated cheese.

Tea: Chicken Kievs with peas and mashed potatoes / Rice pudding.

Tuesday:

Breakfast: Selection of cereals / Porridge with milk and mixed berries.

Lunch: Spinach or veg. pastries, chick peas / wraps with gram sprouts.

Tea: BBQ chicken with grilled vegetables and pitta bread (wholemeal bread)/ Yogurt.

Wednesday:

Breakfast: Selection of cereals with milk / eggs / fruits.

Lunch: Roast chicken with gravy and corn on the cob and pitta bread.

Tea: Scrambled eggs with bagel and cheese / yogurt.





Thursday:

Breakfast: Selection of cereals / Toast with Butter / Milk / berries

Lunch: Spaghetti with hidden ingredient (spinach, lentils and pesto sauce) and gram sprouts

Tea: Puff Pastry with sweetcorn / rice pudding.

Friday:

Breakfast: Selection of cereals / Fruits salad / Milk.

Lunch: Jacket potatoes with tuna / baked beans and cheese.

Tea: Mixed vegetables with rice and sprinkled cheese.

Secure Your Place:

To secure your place, please fill out our registration form.

Registration Information:

- We encourage parents to come and visit the nursery, meet other children, and our amazing staff before deciding to register.
- Upon receiving a completed registration form along with an £80 registration fee, your child will be added to the waiting list.
- If we are unable to offer your child a place within the next 6 months, the £80 registration fee will be refunded to you.
- On the registration form you may indicate your preferred sessionsif these preferences change please let us know within 2 weeks, so we
 can keep our records up to date.
- The good news is we do not require your child to be out of nappies before starting nursery. We feel it's best to allow your child to overcome this big hurdle in their own time. We will work with parents to make this experience easier for your child.
- Our main intake is in Summer/Autumn, but spaces do become available throughout the year. We prioritise places in the baby room for siblings of children already in the nursery.
- Upon accepting a place, you will be sent an application form alongside other documents. This will explain the process and give additional information about the nursery.



Absence:

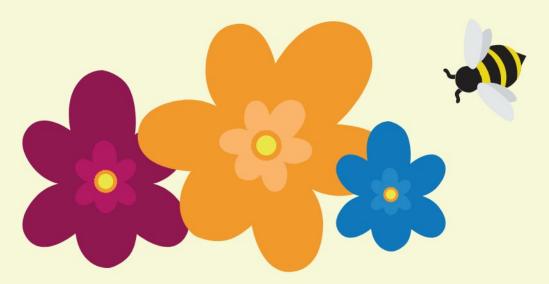
All absence is fully payable – in case of holiday's of more than two weeks duration, the first two weeks are fully payable, subsequent weeks are charged at the lower place holder rate.

Payments:

- The £350 deposit and £80 registration fee will not be refunded if you decide your child will not be joining nursery
- Failure to fully pay the monthly fees in advance by the 5th of the month may result in a 10% surcharge.
- Smile and shine accepts both tax free childcare and different childcare vouchers including FEE234 vouchers (for 15 hour / 30 hour funding).

Staff:

It is not permitted for any parent/ carer to approach, request or use a member of staff from Smile & Shine Ltd. for baby-sitting, or childcare of any sort while their child is in the setting. This is to ensure the safety of the children and avoid breach of relevant guidelines under GDPR.



Fees:

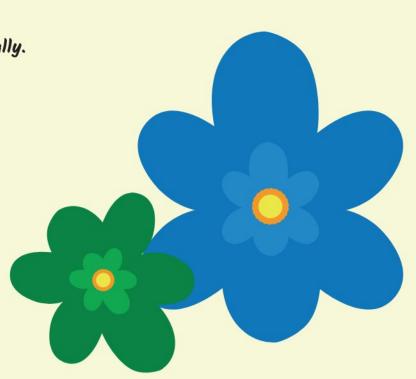
Fee Information:

- Fees include the costs of all meals at the Nursery (breakfast, lunch, tea & any snacks). We will also provide nappies if needed. However, we do ask that any breast/formula milk is brought to the nursery so as to continue with the milk they are used to.
- We ask for a refundable deposit of £350 when you sign the contract to accept a place. The deposit will then be returned provided we have received a 4 weeks notice and all dues are settled.
- Fees are payable each month in advance on or before the 5th of each month. These are to be paid by either standing order or direct debit.

Extra Sessions:

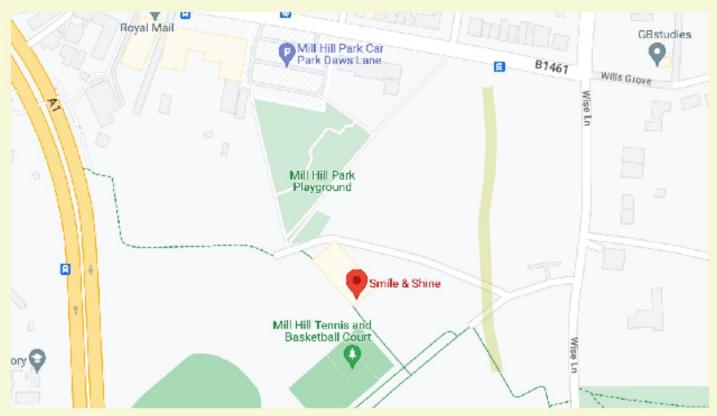
We understand that sometimes you may want to book an extra session for your child outside of your usual times/days. To do this, please call the office to check availability. We will always endeavour to work with parents to accomodate such requests.





Location





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Email:

info@smileandshine.co.uk mani@smileandshine.co.uk

Phone:

020 3287 4979 074 84 10 7617

Arriving at the Nursery: There are two car parks near the nursery. the Dawes Lane Car Park has a capacity of up to 80 cars & Wise Lane Car Park has a capacity of 12 cars. There is free parking for up to 2 hours.

If you're arriving by bus from Mill Hill Broadway Station the 240 or 221 bus stop (via Daws Lane) will bring you to the nursery.

Parents' Feedback







"They provide a very safe and loving environment for all the children who just love going there. Early learning is a very high priority for Mani, and the children enjoy a range of daily activities that are educational and fun and help the children to develop lots of different skills,"











"The setting for my daughter was perfect - I have always described as a 'home away from home' and which my daughter always referred to as 'Mani's house'. I have always felt 100% comfortable leaving my daughter in the care of her team. The communication is very good, with regular Tapestry uploads and reports."











"Our daughter has spent the past 3 yrs at Smile & Shine... She has learned so much in those 3yrs and has grown not only in intelligence and character but also in confidence."





Parents' Feedback





"My son attended Smile and Shine from 10 months- 3 years so Mani and her brilliant team have played a significant role in his development. There's lots to rave about with Smile and Shine, it's actually difficult to find something I didn't like."







"Mani has incredible attention to detail around each child under her care. She gets to know and understand the children as if they are her own, and she and her team provide thorough daily feedback which reassures any parent that their child is being well looked after."









"The team are incredibly nurturing, inclusive, caring, supportive and I really believe they do go the extra mile and cater to the needs of each child which I find to be incredibly important. Each day they have a jam packed schedule full of learning, games, music, songs, baking, a lot of outdoor play."







